

A large, faint, light blue graphic in the background depicts a stylized human figure with arms raised, enclosed within a circular shape. The figure is composed of simple geometric forms: a circle for the head, a triangle for the torso, and two curved lines for the arms. The entire graphic is centered on the slide.

Lytton Health Services Planning

What you told us, what is new and next steps

July 20, 2023



Land Acknowledgement

Interior Health would like to recognize and acknowledge the traditional, ancestral, and unceded territories of the Dǎkelh Dené, Ktunaxa, Nlaka'pamux, Secwépemc, St'át'imc, Syilx, and T̓silhqot'in Nations where we live, learn, collaborate and work together.



How we got to today

IH has worked with the community and partners to understand current needs

- 1st goal – establish access to primary care services
- 2nd goal – increase access services including home support, mental health and substance use, public health services
- 3rd goal - continue to monitor demand on health services to support the community, staff, and ensure health services align with community needs.



Phase 1: Current Services

Timeline: December 2021
to Present

Location: Tl'k'emtsin First Nations
Health Clinic, Lytton First Nation

Health services available include primary care, home health, mental health and substance use services, and public health.

Phase 2: Interim Facility

Timeline: Summer 2023

Location: Across from the
Tl'k'emtsin Health Clinic

Primary Care, Home Health, Mental Health and Substance Use, Public Health, PLUS: lab collection, flexible space for of other services, virtual and in-person.

Phase 3: Health Facility

Timeline: Three to five years

Location: 531 Main Street, Lytton

Interior Health will maintain services from Phase 1 and 2. Community engagement will help determine future health services based on feedback.



Temporary health facility (the modular)

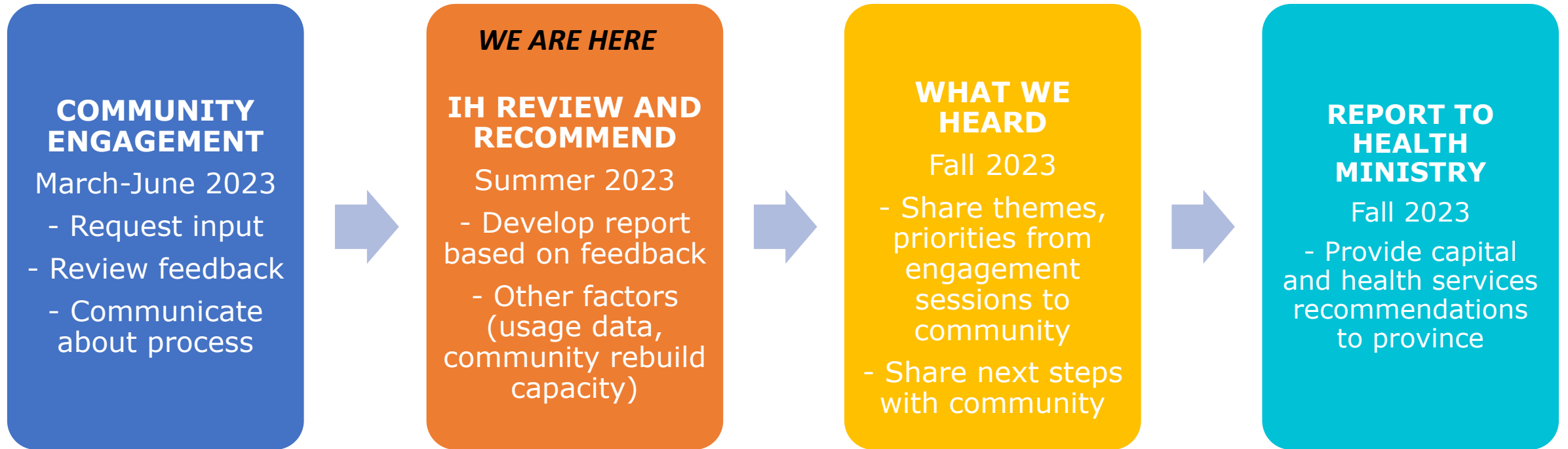
- Modulares delivered May 30
- Power and internet connectivity completed
- Interior door installation in progress
- Signage and intrusion system in progress
- Furniture and equipment delivery occurring throughout July
- Exterior door installation scheduled for late July/Early August
- Paving scheduled for end of July
- On track for opening sometime in late August or early September
- Hydro seeding to be completed in the fall (post opening)



Community Engagement



HOW YOUR INFORMATION WILL BE USED



We anticipate future opportunities to engage with the community on the capital build, following Ministry approval of the project.



What we've heard...

- *"It's hard on people and elders that can't drive for that long or even wait for an ambulance to arrive at their homes. We need the health care that Lytton had before!"*
- *"As a patient of MHSU service I understand how important it is to have a mental health registered nurse on-site in Lytton. It would be great if they had a dedicated room to see their patients and administer medication such as my intermuscular injection that I need regularly."*
- *"Having a team collaborate with the already established home health workers with the neighbouring band offices/tribal councils would be the best option to reform a great home care team."*



What we've heard...

- *"I've had to go to the Merritt bio-lab at the hospital or Kamloops Life Labs to get my lab work, X-rays, and ultra-sound done. It's a lot of waiting and traveling to get these essential services done."*
- *"Infrequent bus service does not work because making appointments on those days is hard and if roads are closed we can't do anything."*
- *"While it's awesome we have a doctor's office – the missing piece is the ability to quickly fill prescriptions rather than travel or wait for delivery dates. It's an important piece for decent health services."*



Current Health Services in Lytton



Primary Care

Current

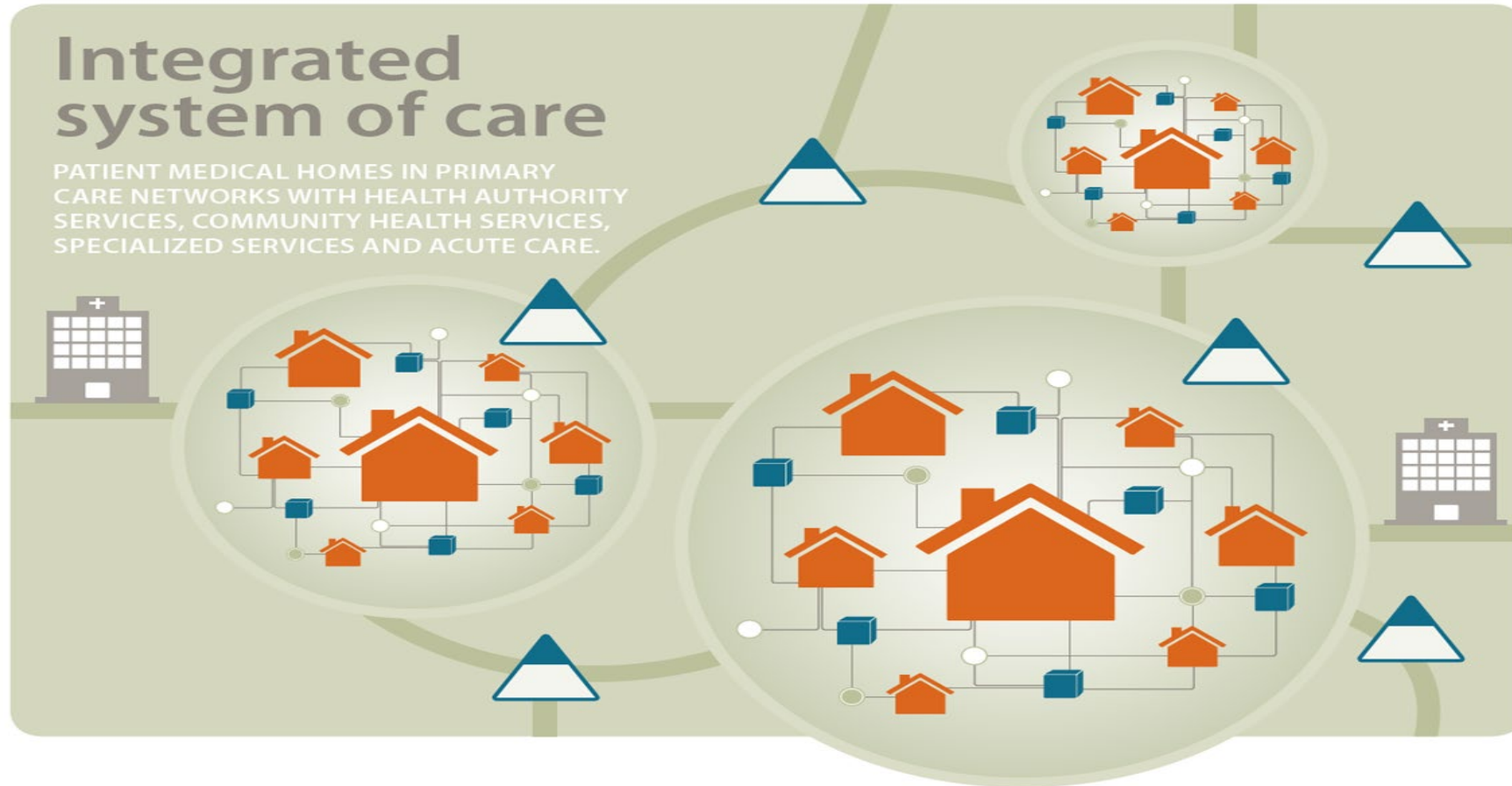
- Primary care physician coverage and nursing staff working out of Tl'kemsin Health Centre offering in-person and virtual care 5 days per week; moving to the modular soon

Future

- Work with the local health planning table including physicians, Rural and Remote Division of Family Practice, Indigenous partners and their nation health leads and Health Directors, municipal leaders, community organizations and members, FNHA, patient voices, etc.
- Develop Primary Care Network (PCN) to support primary care needs across communities in IH West including Lytton, Clearwater, Merritt, Ashcroft, and Lillooet
- **Integrate an Aboriginal Patient Navigator into the primary care team approach for Lytton**
- Enhance services to develop an integrated, team-based, primary care services including mental health services
- Use of electronic medical records system and opportunity for increased virtual care services



What is a Primary Care Network?



Emergency Services

Current

- Emergency services are coordinated through BC Ambulance and Interior Health and are being routed to Lillooet or Kamloops depending on the situation.

Future

- Plan for how to best meet the emergent and urgent care needs for the community.



Home Health/Assisted Living

Current

- Continuation of previous services with nurses traveling to the community for home care, home support, case management and public health (immunizations, maternal/child health)
- Coordination and collaboration with Lytton First Nation, First Nations Health Authority and primary care clinic to fill community needs
- Actively recruiting for home health positions located within the health service area

Future

- Continue providing services within the community and fill positions to support increased service levels
- Community engagement will help Interior Health better understand needs and guide planning related to housing and care.



Mental Health and Substance Use (MHSU)

Current

- Continuation of trauma-informed, culturally safe services – MHSU clinician visiting community one day, every other week
- Virtual psychiatry services
- Virtual addiction medicine services and support groups
- Opioid agonist therapy (OAT) one day per month
- Youth substance use services provided by AXIS Family Resources

Future

- Continue providing services within the community and virtually and fill positions to support increased service levels
- Provide trauma-informed, culturally safe services



Lab Collection and Imaging Services

Current

- Currently, people living in the area must leave the community for any lab test and medical imaging requirements.
- People can schedule lab collections with other IH locations including Logan Lake, Lillooet and Ashcroft.

Future

- Opportunities for Lab collection and point-of-care testing (diagnostics tests with immediate results) will be explored once we have temporary modular in place and connectivity.
- Community engagement will help Interior Health better understand needs and guide planning related to imaging services.



Other Allied Health Services

Pharmacy

- **Current:** Residents rely on traveling to other communities or ordering online from pharmacies that deliver.
- **Future:** Interior Health, the First Nations Health Authority, the Ministry of Health and the BC College of Pharmacists are talking and working on a solution.

Community Transportation

- **Current:** Health Connections bus providing one-day-per week service to surrounding communities. Private company secured one year funding for one day per week service, alternating with Health Connections.
- **Future:** Continue to work with partners to find an ongoing solution for community transportation.



How We Will Use Your Feedback

This information will help **inform** the services we provide in the **permanent** building, **how we deliver** them, and what we should **consider** in our planning.

Your feedback is extremely valuable.

